

APPOINTMENTS.

MATRON.

Cottage Hospital, Tonbridge.—Miss Grace Farquhar has been appointed Matron. She was trained at St. Bartholomew's Hospital, London, and has held the position of Assistant Matron at St. Bartholomew's Hospital, Rochester.

SISTER.

Royal Hospital and Home for Incurables, West Hill, Putney, S.W. 15.—Miss Ethel Cooling has been appointed Sister. She was trained at the Isleworth Infirmary, and has been Sister at St. Luke's Hospital, Halifax; the Isleworth Infirmary; the Hospital for Women and Children, Harrow Road; and the Royal Hospital for Incurables, Edinburgh. She has also been Assistant Matron at Babies' Castle, Hawkhurst; and Sister of Venereal Diseases Ward and Clinic at the Royal Berkshire Hospital, Reading. She has also had experience of private nursing at the Kent Nursing Institution.

QUEEN VICTORIA'S JUBILEE INSTITUTE FOR NURSES.

Her Majesty Queen Alexandra has been graciously pleased to approve the appointment of the following to be Queen's Nurses, to date January 1st, 1919:—

ENGLAND.—Helen L. M. Hall, Eliza Downs, Edith Webb, Lottie Eaton, Beatrice M. Gunner, Harriet A. Powell, Amelia A. Wright, Isabella Whitelaw.

SCOTLAND.—Catherine B. T. Cunningham, Isabella M. Haig, Louisa Holmes, Flora W. Jackson, Lily McLachlan, Annie MacNeill, Christina B. Morriston, Christina K. Sutherland.

IRELAND.—Martha M. M. Brennan, Bridget A. Kelly.

NUJOL.

We have pleasure in directing the attention of our readers to the value of Nujol, which is increasingly prescribed for constipation, and those who have used it speak highly of its utility.

The special point about Nujol is that it is not a medicine, but an internal lubricant, which acts on the walls of the intestinal canal, softening the waste matter, and making it easy for an evacuation to take place without the straining or griping which so often follows the administration of ordinary aperients.

To produce a normal movement, from one to three days is required, in the first instance, as the bowels will not act freely until the entire intestinal tract is anointed. When once the tract is lubricated and the bowels move freely, the smallest quantity necessary to keep them acting regularly should be taken.

Nujol is bottled at the Nujol Laboratories, Standard Oil Co., New York, and distributed in this country by the Anglo-American Oil Co., Ltd., 36, Queen Anne's Gate, London, S.W.1.

It is absolutely tasteless, and is readily taken by children, and others who have difficulty in assimilating many aperients.

BOOK OF THE WEEK.

"THE WAR AND ELIZABETH,"**

The story tells of a brilliant woman with a distinguished University career who, at the opening of the book, had just started as the secretary of Mr. Mannering, the Squire of Fullerton, who for years had been neglecting his property and was wasting his money on Greek antiquities. It was in connection with the latter that Elizabeth Bemerton was engaged by Mr. Mannering, who could ill afford the luxury of a secretary at the substantial salary that he offered Elizabeth. She, on her part, required the money to assist in maintaining an invalid mother, and for this reason accepted the post, while every instinct demanded that she should offer her services in some capacity for war service. Not that her work for the Squire was uncongenial, far from it, but the man himself was misanthropic and refused to allow that the European crisis should make any special demand on his time or possessions. Naturally this attitude made him very unpopular in the neighbourhood and caused humiliation to the two children who remained under his roof tree. Pretty Pamela and her handsome twin brother, Desmond. The introduction of Elizabeth into the household was justifiably a source of resentment to Pamela. Curiously, Mrs. Ward does not seem to realise what a hopeless outsider Elizabeth was.

To this very managing, albeit attractive lady, the neglected household and estate gave full scope for her powers of administration, which she wielded with a complete absence of tact and perception. Pamela, of course, felt her position as a grown-up daughter of the house was infringed, and she and Desmond soon became suspicious that she would soon take a step further and marry their father. Mrs. Ward herself is evidently an admirer of the type she here depicts, and is really unconscious that Elizabeth is in fact coarse fibred.

For the object of the book apparently is to eulogise her in that she caused in due time, the Squire to recognise his responsibilities and broke down the prejudice of Pamela and Desmond. We should stigmatise her conduct as impertinent interference in intimate family affairs. We are left to draw the inference that the reformed and repentant Squire would finally be rewarded by Elizabeth consenting to become his wife.

We thoroughly sympathise with Pamela's outburst when she says: "You, of course, are twenty times more useful here than I am. I don't dispute that. But I am the daughter of the house after all, and it's a little hard to be shelved. You persuade father to let me do things. Yes, that's it. You persuade father. You manage everything. Its just that, that's intolerable."

The justification for this was that Elizabeth had induced the Squire to submit without compulsion, though not without hot dispute, to allow a corner

* Mrs. Humphry Ward. (London: Messrs. W. H. Collins & Co.)

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